## I Am A Supermom FOR MOMS.

45 powerful cards illustrating positive affirmations and words of encouragement when moms are faced with difficult situations and left feeling frustrated, exhausted and at their wits end.

These cards are designed to motivate moms to be the positive and successful parents they want to be for their children, as well as to change their and their child's negative behaviour.

These cards can be used in a variety of ways. You can print several on a page, laminate them, and make a small binded booklet out of them, use them as a bookmark, stick them all over the house, place them in a scrapbook to refer to when necessary, make magnets out of them to stick on the fridge, stick your favourite ones in a frame, or make a collage. The ideas are endless!

Value: R120

