Food Explorer Placemat FOR PICKY EATERS.



Do you have a picky eater?

Are you finding yourself bribing your child to eat their meals in order to have dessert?

Do you find yourself placing pressure on your child to sit at the table until they have finished their meals?

Are mealtimes a struggle?

Then you are going to LOVE the Food Explorer Placemat. Designed to encourage a child to explore their food using their senses:

Touch Smell Sight Taste

Transform your meal struggles into conscious, mindful eating. Turn mealtimes into enjoyable experiences. Simply hand your child a whiteboard marker and their plate of healthy foods, and let the fun begin!

As seen on YouTube.

Cost: R120.00 excluding delivery (Collection in West Beach, Cape Town, South Africa)

Value: R120



